



# Al Manaar, the Muslim Cultural Heritage Centre

## RULES FOR E'ETIKAF

1. The Centre will appoint an Amir from amongst the Muatakifeen who will act as the point of contact with the Centre's management team.
2. Eetikaf is for adult brothers only. Regrettably, no E'etikaf facilities available for sisters. No children are allowed in Eetikaf.
3. The maximum number that can be accommodated for E'etikaf is 50 brothers.
4. There are no fire drills scheduled during these 10 days. If the fire alarm is heard please leave the building in accordance with the published fire action plan. Please familiarise yourself with the fire action plan.
5. Muatakifeen are to spend maximum time in the Prayer Rooms for Dhikr and Quran recitation.
6. Sleeping is in the designated Sleeping Room only.
7. There should be no sleeping in the Prayer Rooms.
8. Muatakifeen are expected to provide their own bedding and food. Please note that Al Manaar provides Iftar free of charge for the community throughout Ramadan and Suhur free of charge during the last 10 days.
9. There are no storage facilities for personal belongings and it is strongly recommended that each Muatakif brings only absolute necessary items of clothing and items relating to personal hygiene and to avoid bringing equipment. The Centre does not accept responsibility for any loss or theft of personal property.
10. The sleeping room is to be cleared between from Asr prayer to End of Taraweeh daily.
11. On Friday, the Sleeping Room is to be cleared from 12 noon until after Jummah Prayer.
12. Food and drink is to be consumed in the atrium only and not inside the Sleeping Room.
13. The Centre doors will close at 12 midnight each night, no access is allowed after this time.
14. Muatakifeen are required to abide by the Centre's Health and Safety Rules and maintain quietness at all times to enable other Muatakifeen to concentrate on Eetikaf.
15. The use of mobile phones for telephone calls, texting or the internet, recorders or similar gadgets is not permitted in the Sleeping Room.
16. Using alarm clocks in a mobile phone is permitted.

### Lead Contact

Name

E'etikaf Programme Co-ordinator

Mobile

### Staff Contact

Husseing LaTghlat

Care-Taker & Duty Officer

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