

Al Manaar Muslim Cultural Heritage Centre

Activities Timetable 2019/2020

Monday Activities	Date	Time	Location	Room	Group	Charges	Contact
Arabic Classes	From October 2017	12:30 – 15:00	MCHC	Education Room (1)	Women only	£10 monthly	Sr. Habiba Tel: 07932430386
Children Quran Classes	From September 2017	17:00 – 19:00	MCHC	Education rooms	Children	£30 monthly	Sheikh Abdurazaq Tel: 07415936698
Counseling	From September 2018	10:00 – 17:00	MCHC	Computer Room	Men & Women	Free	Nacera 07771545581
Fiqh & General Topic (TO BE CONFIRMED)	From October 15 th 2018 Every Monday	13:45 – 14:30	MCHC	Education Room (2)	Women Only	Free	Sheikh Samer 02089641496
Tuesday Activities	Date	Time	Location	Room	Group	Charges	Contact
Quran Classes for advanced level	From 19 th September 2017	10:30 – 12:30 (winter) 11:30 – 13:30 (summer)	MCHC	Education Room (1)	Women only	Free	Quran Sisters Tel: 07931641458 Sister Naemah
Quran Classes for beginners	From 19 th September 2017	13:00 – 14:30 (winter) 14:00 – 15:30 (summer)	MCHC	Education Room (1)	Women only	Free	Sheikh Ahmed Tel: 02089641496 Tue, Wed and Thursday
Ear Acupuncture	From 3 rd October 2017	10:00 – 12:00	MCHC	Grenfell Hall 1	Men & women	Free	Rachel Tel: 07966 230781

Yoga & Pilate classes	From 19 th September	10:00 – 12:00	MCHC	Atrium	Women only	Free	Sr. Intlak Tel: 02089629314 Mon, Tue and Wed 10am to 6pm
Hub Community Kitchen	From July 2017	11:30 – 6:30pm	MCHC	Kitchen/ Canteen	Women only	Free	MCHC Tel: 07505364485
Counseling session	From September 2017	10:00 – 17:00	MCHC	Counselling room	Men, women & children	Free	Sr. Amina Thomson Tel: 07960990969
Cadets	From 15 th January 2019, every Tuesday	17:00-19:00	MCHC	Atrium	Boys & Girls Age 13-18	Free	Jane Richardson Tel:02082460667
Wednesday Activities	Date	Time	Location	Room	Group	Charges	Contact
Quran class	From September 2017	Between Maghreb and Isha	MCHC	Prayer hall	Men only	Free	Sheikh Ahmed Tel: 02089641496 Tue, Wed & Thursday
Chair exercise	From September 2017	11:00 – 12:00	MCHC	Atrium	Women only	Free	Sis. Intlak Tel: 02089629314 Mon. Tue and Wed 10am to 6pm
Body Make-Over	From September 2017	10:00-11:00	MCHC	Atrium	Women only	Free	Sis. Intlak Tel: 02089629314 Mon. Tue and Wed 10am to 6pm
Arts & Crafts	From 25 th September to 30 th October	12:00 -14:00	MCHC	GH2	Women only	Free	Sis. Intlak Tel: 02089629314 Mon Tue and Wed 10am to 6pm

Counseling	From September 2018	10:00-17:00	MCHC	Computer Room	Men & Women	Free	Nacera Salerbi 07771545581
Tajweed Class	From December 2018	18:30 – 19:30	MCHC	Prayer hall	Men only	Free	Sheikh Ahmed Tel: 02089641496
Thursday Activities	Date	Time	Location	Room	Group	Charges	Contact
Quran classes	From October 2017	10:30 – 15:30	MCHC	Exhibition Hall	Women only	£10 monthly	Sr. Amina Tel: 07931641458
Counselling session	From September 2019	10:00 – 14:00	MCHC	Counselling rooms	Men, women & children	Free	Nacera Salerbi 07771545581
Community Kitchen	From July 2017	11:30 – 6:30pm	MCHC	Kitchen/ Canteen	Women only	Free	MCHC Tel: 07505364485
Children Quran Classes	From September 2017	17:00 – 19:00	MCHC	Education rooms	Children	£30 monthly	Sheikh Abdurazaq Tel: 07415936698
Friday Activities	Date	Time	Location	Room	Group	Charges	Contact
Counseling session	From September 2017	10:00 – 17:00	MCHC	Counseling room	Men, women & children	Free	Sr. Amina Tel: 07960990969
Exact Tutors English and Maths Tuitons	From 31 st August 2019	15:00-19:00	MCHC	Exhibition Hall	Boys & Girls	£8.50 per hour	Sadequr Rahman Tel: 0208018677/ 07496474816
Saturday Activities	Date	Time	Location	Room	Group	Charges	Contact
Hifz Quran	From March 2019	After Fajar	MCHC	Men Prayer Hall	Men	Free	Brother Abdul Qadim Tel : 0208 9641496

Arabic class	From October 2017	14:00 – 15:00	MCHC	Education Room 1	Girls & women (11+)	£10 monthly	Sr. Habiba or Amina Tel: 07932430386 or 07931641458
Quran Class	From October 2017	14:00 – 19:00	MCHC	Education Room (2)	Girls & women (11+)	£10 monthly	Sr. Habiba or Amina Tel: 07932430386 or 07931641458
Exact Tutors English and Maths Tutions	From September 2017	15:00 -19:00	MCHC	Exhibition Hall	Boys & Girls	£8.50 per hour	Sadequr Rahman Tel: 0208018677 Tel: 07496474816
Somali Women Group	From September 2017	14:30 – 19:00	MCHC	Education Room (1)	Women only	Weekly contributions	Sr. Kaltuun Tel: 07859219454
Somali Youth Sisters	From September 2017	14:30 – 19:00	MCHC	Education Room(2)	Girls only	Weekly contributions	Sr. Kaltuun Tel: 07859219454
Sunday Activities	Date	Time	Location	Room	Group	Charges	Contact
Classical Islamic Studies	From September 2017	11:30 – 12:30 (Summer) 10:30 – 11:30 (Winter)	MCHC	Prayer Hall	Men only	Free	Br. Abdullah Sulayti Tel: 07588675463
Quran class	From September 2017	12:30 – 13:30 (Summer) 11:30 – 12:30 (Winter)	MCHC	Prayer Hall	Men only	Free	Br. Abdullah Sulayti Tel: 07588675463
Somali Women Group	From September 2017	14:30 – 19:00	MCHC	Education Room (1)	Women only	Weekly contributions	Sr. Kaltuun Tel: 07859219454
Somali Youth Sisters	From September 2017	14:30 – 19:00	MCHC	Education Room(2)	Girls only	Weekly contributions	Sr. Kaltuun Tel: 07859219454
Exact Tutors English & Maths Tutions	From September 2017	15:00 -19:00	MCHC	Education Room 1	Boys & Girls	£8.50 per hour	Sadequr Rahman 0208018677 07496474816

Last Updated : 27/09/2019