

HEALTH & WELLBEING INSIGHTS

ONE DAY COMMUNITY EVENT

TUESDAY 7TH FEBRUARY 2017

**Come and speak to specialists from local organisations
and find out more about:**

- Healthworks' free health workshops and physical activities
- Dalgarno Trust VIP Project (Very Important People)
- Free NHS health checks
- Mother Tongue Counselling Service
- Open Age

11AM - 4PM

**AL MANAAR MUSLIM CULTURAL
HERITAGE CENTRE**

224 Acklam Road London W10 5YG



INTERESTING FREE WORKSHOPS AND TALKS!
COMPLIMENTARY FOOD AND REFRESHMENTS

Please drop in anytime to the Al Manaar Muslim Cultural Heritage Centre
or contact Davendra on 0208 969 6300 / 07535 256 047 /
davendra@dalgarnotrust.org.uk



Al-Manaar Muslim
Cultural Heritage Centre

HEALTHWORKS✓
Love Life, Live Longer



THE ROYAL BOROUGH OF
**KENSINGTON
AND CHELSEA**